

Botley Bridges

4 week Family Links Course

At Botley Bridges, Elms Road, Oxford, OX2 9JZ

Weds 22nd & 29th April and 13th & 20th May
7pm-9pm

£20 per person (concessions available)



Bringing up children is a difficult and demanding job. These workshops are aimed at parents/carers of children aged 0-5 and will support parents with ideas and strategies to tackle those difficulties which all parents face.

Workshop One

Understanding children's behaviour
Listening and communication
Praise and encouragement

Workshop Two

Praise & Guidance v criticism
Child-led Play
Positive moments

Workshop Three

Boundaries and parenting styles
Time to calm down
Dealing with stress and conflict

Workshop Four

Choices and consequences
Behaviour to ignore
Putting the puzzle together
Looking after ourselves

To book a space or for more information, email coordinator@botleybridges.org